

RUSSELLVILLE FIRE DEPARTMENT



"Exceptional Service"

**Russellville Fire Department
EMS Bicycle Response Team
Training Check-Off Sheet**

Provider Name: _____ Date of Evaluation: _____

Instructor Name: _____ Agency/Station: _____

I. Bicycle Handling and Operational Skills

Skill Evaluation Criteria	Pass	Continue Improving	Evaluator Comments
Conducts pre-ride inspection (Air, Brakes, Chain)	<input type="checkbox"/>	<input type="checkbox"/>	
Properly mounts and dismounts (standard & emergency techniques)	<input type="checkbox"/>	<input type="checkbox"/>	
Starts and stops bicycle smoothly and safely	<input type="checkbox"/>	<input type="checkbox"/>	
Demonstrates controlled slow-speed maneuvering	<input type="checkbox"/>	<input type="checkbox"/>	
Successfully completes cone/obstacle course	<input type="checkbox"/>	<input type="checkbox"/>	
Performs quick turns and evasive maneuvers effectively	<input type="checkbox"/>	<input type="checkbox"/>	
Executes emergency braking under control	<input type="checkbox"/>	<input type="checkbox"/>	
Performs curb descent safely (controlled drop technique)	<input type="checkbox"/>	<input type="checkbox"/>	
Performs curb ascent safely (manual lift or power pedal)	<input type="checkbox"/>	<input type="checkbox"/>	
Demonstrates safe riding practices in traffic, obeying road signals	<input type="checkbox"/>	<input type="checkbox"/>	

II. Physical Endurance and Situational Awareness

Skill Evaluation Criteria	Pass	Fail	Evaluator Comments
Completes sustained bicycle ride (5–10 miles as designated)	<input type="checkbox"/>	<input type="checkbox"/>	
Demonstrates competency in uphill and downhill navigation	<input type="checkbox"/>	<input type="checkbox"/>	
Recognizes signs of dehydration and fatigue and responds appropriately	<input type="checkbox"/>	<input type="checkbox"/>	

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III. Scenario-Based Competency Evaluations

Skill Evaluation Criteria	Pass	Fail	Evaluator Comments
Effectively navigates large events and crowds	<input type="checkbox"/>	<input type="checkbox"/>	
Demonstrates safety and visibility during night operations	<input type="checkbox"/>	<input type="checkbox"/>	
Responds efficiently to medical incidents in congested areas	<input type="checkbox"/>	<input type="checkbox"/>	

Instructor Remarks and Observations:

Instructor Signature: _____

Date: _____

Provider Signature: _____

Date: _____